



# *VILLA MARINA*

## *BREAKFAST MENU*

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*Please help yourself to the buffet selection:*

*Choice of Cereals,  
Fresh Fruit Salad,  
Juices - Orange, Cranberry & Raspberry Juice Drink or  
Luscombe Organic Juices are also Available (Just Ask).  
Selection of Yoghurts  
Dried Fruit  
Nuts and Seeds,  
Fresh Bowl  
(Please ask for other cereal options)*

*Freshly Made Porridge is also available on request.*

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## ***Hot Drinks***

*Fair-Trade Tea or Cafetière of Rainforest Alliance Coffee  
(Medium Blend)*

*Instant coffee is also available if you prefer.*

*Earl Grey, Green Tea, Fruit Infusions, Hot Chocolate and  
Decaffeinated Options Available.*

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## ***Toast and Preserves***

*Baked White, Wholemeal or Granary Toast  
(Gluten-Free (seeded or white) is also available)  
Selection of Local Preserves, Marmalades and Specialist  
Honey*

## *Choice of Cooked Breakfasts*

### *Traditional English Breakfast*

*Locally Sourced Devon Sausage and Rashers of Un-smoked Bacon Served with Fresh Mushrooms, Fresh Tomato, Hash Brown, Pot of Baked Beans and Devon free Range Fried, Scrambled or Poached Eggs*

*Please ask for Vegetarian or Gluten-free Options.*

### *'On Toast'*

*Scrambled Egg, Poached Egg, Mushrooms or Baked Beans*

### *Omelette of Your Choice*

*Three Egg Omelette filled with your choice of Bacon, Mushroom or Cheese*

### *Smoked Salmon and Scrambled Eggs*

*Served with Hot Buttered Toast or Muffin.*

### *Croissants*

*All Butter Croissants Served Freshly Baked*

### *Hot Pancakes or Waffles*

*Served with Kelly's Clotted Cream Ice Cream, and fresh fruit and either toffee or fruit sauce*

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*Please ask about Today's 'Villa Marina Smoothie Specials'  
(Freshly made each day)*

*If you require something a little different such as Smoked Haddock then please make your requirements known and we will try to accommodate. (24 hours notice required)*

## *Our Suppliers*

*It has always been important to us as a bed and breakfast to promote and use local produce wherever possible. We feel that this not only supports our local economy and reduces 'food miles' but, as the produce is often of a higher quality, we believe it also tastes so much better!*

*Where local ingredients are not available, we always try to offer organic, rainforest alliance or fair-trade alternatives.*

### ***Luscombe Juices - Apple, Apple & Apricot, Apple & Pear, Apple & Elderflower***

*Made from freshly pressed apples grown in local orchards. Pressed from varieties such as Quench, Sugar Bush, Devon Crimson, Tail Sweet, Slack-Ma-Girdle just to name a few.*

*[www.luscombe.co.uk](http://www.luscombe.co.uk)*

### ***Sausage - Produced by Westaway Meats Newton Abbott***

*Makers of award-winning breakfast sausages. Succulent and juicy and made only from British Pork.*

*BRC A grade accredited, No colourings or artificial flavourings.*

*[www.westawaysausages.com](http://www.westawaysausages.com)*

### ***Marmalades, Jams and Table Sauces - The Bay Tree***

*The Bay Tree range of artisan chutneys, accompaniments, sauces and dressings has been supplied to independent retailers, farm shops and delicatessens for 20 years. As a speciality food manufacturer and supplier they are passionate about producing delicious, quality products.*

*[www.thebaytree.co.uk](http://www.thebaytree.co.uk)*

### ***Free-Range Eggs - Riverside Farm***

*Our Free-range eggs are supplied by Riverside Poultry Farm who provide fresh free-range eggs weekly.*

*We are always looking improve our product selection and if you have any feedback please let us know.*